

THE EPISTLE

St. Luke Greek Orthodox Church

35 North Malin Road

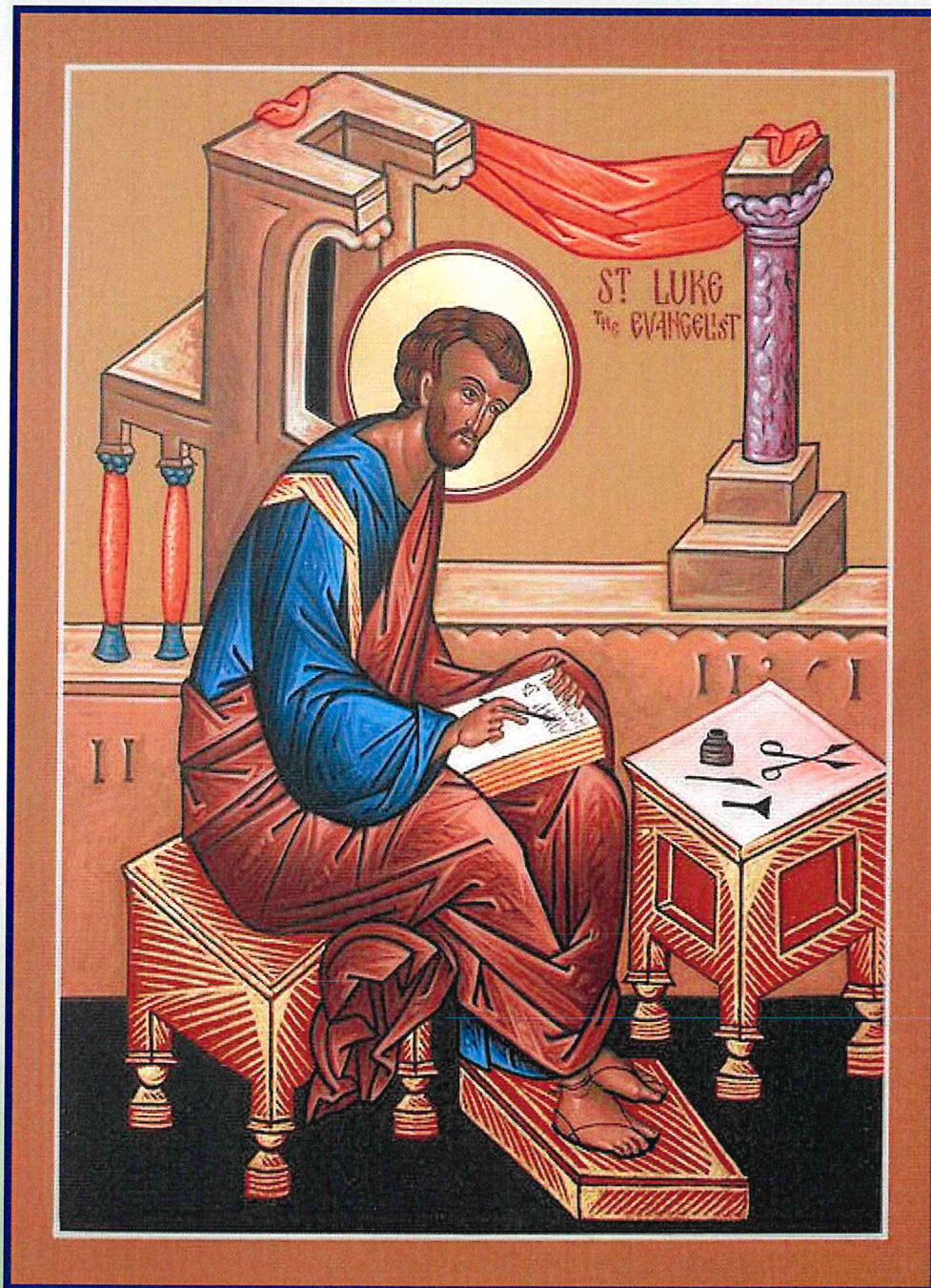
Broomall, PA 19008

Rev. Father Christ Kontos, Protopresbyter

(610) 353-1592

www.st-luke.org

MARCH 2025



LENTEN PASTORAL MESSAGE

March 2025

"Liberate our senses from killing passions, setting over them as a benevolent sovereign our inner reason. Let the eye be averted from evil sight, and the ear be deaf to idle talk. May the tongue be purged of unseemly speech. Purify our lips that praise You, Lord. Make our hands abstain from wicked deeds, doing only things pleasing to You, sealing with Your grace all our members, and our mind."

Prayer from the Presanctified Liturgy

Entering our **Lenten Journey on March 3rd**, let's ask the question, what can I get out of this and how do I do it? Clearly, fasting from certain foods in and of itself is simply a diet, we can do that anytime. In fact, Mediterranean diets, plant-based diets, and the ketogenic diet have become the newest trends lately. When, however, we understand that ***fasting*** is an opportunity to discipline ourselves, our spiritual journey is elevated. As the benefits of fasting are becoming more popular as a diet, let us consider that fasting during lent, coupled with ***prayer***, and attending multiple services during the week, will help us find that spiritual connection with our Lord we have been searching for.

There is another benefit to the practice of fasting. By fasting from something, we consume less, which also means we spend less. Lent must then cause us to respond positively to the Gospel by taking more of our resources and storing up treasures in heaven rather than building up treasurers on earth. What greater way to store up treasures in heaven than to feed the hungry, give drink to the thirsty, welcome a stranger, cloth the naked, visit the sick and help those in need. That is our faith in action; that is ***almsgiving***.

Finally, limiting our social & work calendars during Lent gives us the opportunity to fill that time with the three pillars of our Lenten Journey I reflected on above: *fasting, prayer, and almsgiving*.

Let us follow the example of our Lord who fasted 40 days, my friends. Fasting humbles the body, cleanses the mind and strengthens our heart to focus on things that are eternal as we become imitators of Christ, today.

I remain, with brotherly love and pastoral blessings,

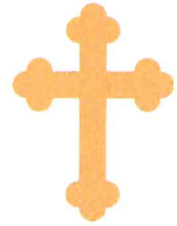


Rev. Father Christ Kontos,
Protopresbyter

PARISH LIFE

Forty-Day Blessings

On February 9, 2025, Father Christ offered the Forty Day Blessing for **Matthew Michael Chain**. Congratulations to **Adam Chain & Elaina Karayannis** as we anticipate the Baptism!



On February 9, 2025, Father Christ offered the Forty Day Blessing for **Penelope Pappas**. Congratulations to **Peter & Abigail Pappas** as we anticipate the Baptism!

On February 9, 2025, Father Christ offered the Forty Day Blessing for **Evangelia Sharo**. Congratulations to **Scott Sharo & Elizabeth Kusturiss** as we anticipate the Baptism!

Baptisms & Chrismations



Helen Patten was chrismated on February 2, 2025. Her sponsor, **Joyce Vlassopoulos**, chrismated her with the name Theodora. **Jennifer Patten** was chrismated on February 2, 2025. Her sponsor, **Marinella Tsapournas**, chrismated her with the name Irene. May Our Lord continue to bless you, **Helen Patten** and **Jennifer Patten**.

Michelle Millas was chrismated on February 9, 2025. Her sponsor, **Maria Tsekouras**, chrismated her with the name Maria. May Our Lord continue to bless you, **Michelle Millas**.

Matthew Tyler Brault was chrismated on February 23, 2025. His sponsor, **Nicholas Xenides**, chrismated him with the name Matthaïos. May Our Lord continue to bless you, **Matthew Tyler Brault**.

Funerals



Katherine Pappas Pakuris, fell asleep in the Lord on January 23, 2025. Her funeral service was held on February 4, 2025.

Bessie Varvoutis fell asleep in the Lord on February 1, 2025. Her funeral service was held on February 6, 2025.

Ernest Manaras fell asleep in the Lord on January 29, 2025. His funeral service was held on February 7, 2025.

We extend our condolences and prayers to their families. MAY THEIR MEMORY BE ETERNAL.

MARCH 2025 – ECCLESIASTICAL CALENDAR

Saturday, March 1st – 2nd Saturday of Souls
9:00am Divine Liturgy

Sunday, March 2nd – Forgiveness (Cheesefare) Sunday
Hesychius the Martyr; Nicholas Planas
8:50am Orthros and 10:00am Divine Liturgy

Monday, March 3rd – Clean Monday
6:00pm Compline

Wednesday, March 5th – Presanctified Liturgy 6:00pm

Friday, March 7th – First Salutations to the Theotokos at 6:00pm

Saturday, March 8th – 3rd Saturday of Souls
8:50am Orthros and 10:00am Divine Liturgy

Sunday, March 9th – Sunday of Orthodoxy
8:50am Orthros and 10:00am Divine Liturgy

Wednesday, March 12th – Presanctified Liturgy 10:00am

Friday, March 14th – Second Salutations to the Theotokos at 6:00pm

Sunday, March 16th – Sunday of St. Gregory Palamas
Sabine of Egypt; Christodulus of Patmos
8:50am Orthros and 10:00am Divine Liturgy

Wednesday, March 19th – Presanctified Liturgy 6:00pm

Friday, March 21st – Third Salutations to the Theotokos at 6:00pm

Sunday, March 23rd – Sunday of the Holy Cross
St Nicon and his disciples
8:50am Orthros and 10:00am Divine Liturgy

Monday, March 24th Annunciation of the Theotokos Vespers sister parish

Tuesday, March 25th – Annunciation of the Theotokos
8:50am Orthros followed by Divine Liturgy

Wednesday, March 26th – Presanctified Liturgy 10:00am

Friday, March 28th – Fourth Salutations to the Theotokos at 6:00pm

Sunday, March 30th – Sunday of St. John Climacus
8:50am Orthros and 10:00am Divine Liturgy



MARCH 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2 11am Sunday School / SPARK 12:15pm Choir Rehearsal	3 6pm Greek Affair Baking Prep 7pm Parish Council	4 10am Greek Affair Baking 10am Senior Men 5pm Greek School 5:30pm Elements of Theology 8pm Adult Volleyball	5 11am Bible Study	6 9am Playgroup / Storytime 10am Senior Men 7pm Greek Dance Rehearsal 8pm Book Club	7	8
9 11am Sunday School 	10 4:30pm FTIN Cooking 6pm Greek Affair Baking Prep	11 10am Greek Affair Baking 10am Senior Men 5pm Greek School 5:30pm Elements of Theology 8pm Adult Volleyball	12 11am Bible Study	13 9am Playgroup 10am Senior Men 7pm Greek Dance Rehearsal 7:15pm Choir Rehearsal 8pm Book Club	14	15
16 12:15pm Choir Rehearsal	17 10am Greek Affair Baking 6pm Greek Affair Baking Prep 	18 10am Greek Affair Baking 10am Senior Men 5pm Greek School 5:30pm Elements of Theology 8pm Adult Volleyball	19 11am Bible Study	20 9am Playgroup 10am Senior Men 7pm Greek Dance Rehearsal 8pm Book Club	21	22
23 11am Sunday School 12pm Philoptochos General Assembly	24 10am Greek Affair Baking	25 10am Senior Men 5pm Greek School Independence Day Program 5:30pm Elements of Theology	26 11am Bible Study	27 9am Playgroup 10am Senior Men 7pm Greek Dance Rehearsal 7pm Choir Rehearsal 8pm Book Club	28	29 10am Rise Against Hunger
30 11am Sunday School	31 10am Greek Affair Baking					

HOSPITAL VISITATIONS



are Father Christ's priority.

If a loved one or family member is hospitalized,
please notify the Church Office at (610) 353-1592.

All hospitals do not notify parishes of hospitalized parishioners.

St. Luke Prayer Group

There is nothing more powerful than the power of prayer. The Prayer Chain email list is up and running. This prayer chain allows us to communicate with anyone who wishes to be on it. Once a person in need comes to our attention, each member on that list will be contacted and asked to pray for the one in need.



Imagine someone suffering and 10, 50, 100, 200 or 500 people praying for them that same evening. Truly friends, there is nothing more powerful than prayer.

How do I register?

Email Presbytera Michele at SaintLukePrayer@gmail.com

REGISTER YOUR EMAIL ADDRESS

Register your email address online at st-luke.org/register-contact to receive timely emails from Fr. Christ on Church and Parish Life. You can also use your QR/Barcode scanner from your mobile device by scanning the code below.



STEWARDSHIP CORNER

Giving has never been easier! You can donate through the Realm App, our website, or via text-to-give—quick and user-friendly options for supporting St. Luke.

Your generosity can go toward Stewardship, the Sunday collection tray, candles, memorial donations, and Holy Week candles.

Plus, you have the option to cover processing fees for credit payments, ensuring your full donation directly benefits St. Luke. Thank you for your support!



Text: "STLUKEGIVE" to 73256
www.onrealm.org/stluke

2025 Stewardship as of 1/31/2025

of Stewards 220

Pledged \$337,036.62

Given \$185,790.36

ALTAR SERVER

RETREAT

Led by His Eminence
Metropolitan Apostolos of New Jersey

Sunday, March 16, 2025 at 2 P.M.

St. Sophia Greek Orthodox Church
900 S Trooper Road, Jeffersonville, PA 19403

[REGISTER HERE!](#)





Diakonia is looking for Volunteers

The Diakonia Ministry is a group of volunteers who help with the Sunday Liturgy. On occasional Sundays, the main responsibilities include greeting parishioners as they arrive, passing trays, handing out bulletins and other small details on Sunday mornings.

This program was developed so that parishioners can volunteer to help the community. No experience is necessary! This is a great opportunity to serve the church and connect with other parishioners. **This is not a weekly commitment.**

We would greatly appreciate any volunteers who can spare some time to support the Diakonia. If you're available and interested in helping, please contact Tom Trantas at, tomisgreek@yahoo.com or 610.203.1132.

Diakonia Schedule

March 2	Sonya Pappas	Gus Pappas
March 9	Martha DiCamillo	Barbara Papageorge
March 16	Kathy Fisfis	Marta Laynas
March 23	Tom Trantas	Vasie Marinakos
March 30	Martha DiCamillo	Stephanie Carroll



MAR:	Chairs:	Demetra Karras	Sue Clark
2-Mar	Ginny Markos	Debbie Karalis	Michelle Karalis
9-Mar	Patty Karalis	Aleka Agapitides	Georgia Chletcos
16-Mar	Pres. Michele Kontos	Renee Matonti	Derek Matonti
23-Mar	Kathleen Fisfis	Helen Poulos	Elaina Kostopoulos
30-Mar	Marta Laynas	Sofia Sosangelis	Linda Lemperes
APR:	Chairs:	Martha DiCamillo	Maria Nvrosidis
6-Apr	Evangelia Gavrilas-Kranz	Nikki Serafim	Argie Naza
13-Apr	Barbara Papageorge	Patricia Baldwin	Martha Tavantzis
20-Apr	<i>EASTER SUNDAY</i>	<i>EASTER SUNDAY</i>	<i>EASTER SUNDAY</i>
27-Apr	Paula Pastris-Farrell	Phyllis Roebas	Stephanie Koch



Dear Fellow Parishioners,

Greek Affair is our major fundraiser with the proceeds benefitting the maintenance and enhancement of our facilities and ministries. We invite all to contribute to the community by making an extra effort this year to assist with the Greek Affair Baking.

WE NEED YOUR HELP!

Even if you are not a baker, there are still various ways you can contribute. Your help and participation play a vital role in the preparation of our mouthwatering pastries. It is a great way to help our church, have fun and enjoy great fellowship. Once again, we ask that you, as good stewards of our beloved St. Luke, volunteer your time and talent to prepare the delicious pastries for which our festival is known.

The dates for the **2025 GREEK AFFAIR** are **September 19, 20, and 21.**

Attached you will find the **BAKING SCHEDULE**. Mark your calendars for 'Tuesdays at 10!' and come join the fun!

*The first baking date is **Tuesday, March 4th at 10 AM for the preparation of PASTA FLORA***

If you should have any questions, please contact any of the GREEK AFFAIR BAKING chairladies. All are welcome ...mothers, daughters, husbands, fathers and sons. We promise a good time and you will leave with something more valuable: the feeling of good will, being part of the embrace of our beloved St. Luke Community.

Looking forward to seeing you on Tuesday March 4th at 10 AM

Thank you in advance for your participation,

Diane Sioutis

dianesioutis@yahoo.com

Karen Kotapka

mkotapka@aol.com

Maria Carafides

mcarafides@gmail.com

GREEK AFFAIR BAKING CHAIRS

2025 GREEK AFFAIR BAKING SCHEDULE

All Sessions Begin at 10:00am

<u>PASTRY</u>	<u>DATE</u>	<u>CHAIRS</u>
PASTA FLORA	Tuesday March 4 th	Alexis Limberakis Kay Karalis Janine Voudouris
KATAIFI	Tuesday March 11 th	Presv. Michele Kontos Maria Carafides
KOULOOURAKIA	Monday March 17 th	Tom and Anna Trantas
KOULOOURAKIA	Tuesday March 18 th	Ginny Markos Michelle Karalis
BAKLAVA	Monday March 24 th	Diane Sioutis Karen Kotapka Mary Missiras
BAKLAVA	Tuesday April 1 st	Diane Sioutis Karen Kotapka Mary Missiras
GALAKTOBOURIKO	Tuesday April 8 th	Diane Sioutis Karen Kotapka Mary Missiras
SPANAKOPITA	Monday April 28 th	Deme Peters
SPANAKOPITA	Tuesday April 29 th	John Solomon
KOULOOURAKIA	Tuesday May 13 th	Tom and Anna Trantas Ginny Markos Michelle Karalis
FENEKIA	Tuesday May 20 th	Diane Sioutis
TYROPITAS	Tuesday June 3 rd	Maria Carafides Eugenia Gekas
KARIDOPITA /REVANI	Tuesday June 10 th	Diane Sioutis Karen Kotapka
TSOUREKIA	Monday June 16 th	Diana Sioutis Katina Dollos
TSOUREKIA	Tuesday June 17 th	Karen Kotapka
KOURABIEDES	September TBA	Angelique Demetris

For Those in Need...

you may ask, "What are we doing lately?"

March, 2025 *Epistle*

For Those In Need (FTIN) helps in St. Luke's outreach to the community, offering basic necessities such as food, school supplies, clothing, shelter, etc. to those in our local area who lack them. FTIN also works with other parish groups to provide discretionary assistance to fellow parishioners in need.

On Monday evening, ***February 10th***, FTIN's ***February Cook*** prepared 165 dinners for The Life Center (Upper Darby) & The Salvation Army (Chester); thanks to all those FTIN volunteer Chefs who turned out!

Our ***March Cook*** is scheduled for Monday, ***MAR 10th*** @ 4:30pm.

FTIN continues to support the ***Salvation Army's food pantry*** with a particular emphasis on their ***homeless & senior populations' needs***, with deliveries scheduled on a bi-monthly basis (on Tuesday, APR 1st next month).

Supporting FTIN – How can I help?

It is your support that is enabling FTIN to make a difference by expanding its outreach during these times of food insecurity and hunger affecting the lives of so many. ***Thank you . . .*** for your generosity which has continued uninterrupted now over so many years!

We welcome your Stewardship whether offered as helping hands or in financial support. No donation is too small, and your contributions to FTIN remain a meaningful gift "for those who have everything" or in memory of a beloved family member or friend. Checks (payable to "For Those In Need") may be mailed to the parish office.

To learn more about FTIN, how you can volunteer or to make a donation, please contact:

Alan Pcsolyar at: apcsolyar@comcast.net or 610-457-6033

CHOIR NEWS

New Senior and Sunday Youth Choir Members Welcome!

Choir Director Dena Papadopoulos invites all who enjoy singing to join the St. Luke Choir. New member sessions can be arranged to acquaint you with our music.

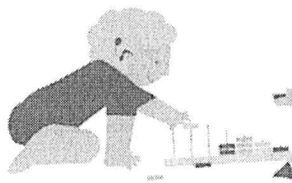
For more information about joining the St. Luke Senior or Sunday Youth Choir please contact Dena Papadopoulos at dena80papa@gmail.com

YOU'RE INVITED TO JOIN THE

LITTLE ANGELS PLAYGROUP

At Saint Luke Greek Orthodox Church
9am - 11am every Thursday
(see church calendar)

YOU'LL FIND US IN
THE EDUCATION
BUILDING 2ND
FLOOR, RM. 208

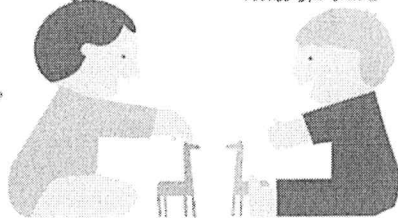


THINGS TO NOTE:
It's all about friendship and
community!
Enjoy a range of toys, fun
activities, and storytime.

Please BYO snacks

WHY PLAY?

As a parent being a part of
a community activity can help
you feel less alone as you
are amongst peers. Children
will have fun, make friends
and grow in their social
skills.



**The Hellenic University Club
of Philadelphia**
is now accepting applications for their
2025-2026 Scholarships

Deadline: Friday, April 4, 2025

Eligibility requirements and electronic
applications can be found at:
[http://www.hucphiladelphia.org/
huc-scholarship-program](http://www.hucphiladelphia.org/huc-scholarship-program)
(or scan the QR code below)



SUPPORT OUR SCHOLARSHIP PROGRAM AT:
<http://www.hucphiladelphia.org/campaign>

JOHN PAKURIS MEMORIAL SCHOLARSHIP APPLICATION

The John Pakuris Memorial Scholarship offers a \$2000 scholarship to one student who is a United States citizen and a parishioner whose family is in good standing with the St. Luke Greek Orthodox Church of Broomall, Pennsylvania. This is a competitive scholarship based on merit and need with the award winner to be selected upon recommendation by the Scholarship Committee to the parish priest. Applicants must be attending or accepted into an accredited undergraduate four-year college or university in the United States or in any other country. Any candidate who has been accepted into an Orthodox seminary and is pursuing a life in the ministry of our Greek Orthodox Church will be given first priority. Recipients may not re-apply in successive years for the scholarship.

Student's Name: _____

Home Mailing Address: _____
(Street or P.O. Box) (City) (State) (Zip)

Home/mobile Phone: _____

Email: _____

Date of Birth: _____ / _____ / _____ Male () Female ()

Name of most recent High School, College or University: _____

Address of School: _____
(Street or P.O. Box) (City) (State) (Zip)

Email address and telephone number of Guidance Counselor/Advisor:
_____ Phone _____

Grade point average _____

Student Rank: _____ out of _____ number of students

SAT or ACT test scores:

SAT: Math: _____ Evidence Based Reading and Writing: _____

ACT: Composite Score _____

Name of college or university for which aid is requested: _____

Address of Post-Secondary School: _____
(Street or P.O. Box) (City) (State) (Zip)

Major Field of Study: _____

List of Accomplishments and Awards: (attach Resume or additional sheet if necessary) National Honor Society, National Merit Finalist, Class Officer, etc.

List of Church and Community Groups and Activities: (attach Resume or additional sheet if necessary) Church Groups and church related activities, Missionary Work, Youth Clubs, Civic Groups, Scouting, Volunteer Organizations, etc.

<u>Church and Community Service Organization</u>	<u>Months/Years Involved</u>
_____	_____
_____	_____

List of School/Extracurricular Activities: (attach Resume or additional sheet if necessary) Band, Student Council, Sports, Yearbook, Language Clubs, Key Club, Jazz Band, Chorus, Drama, Literary Club

<u>Activity</u>	<u>Number of years</u>	<u>Special honors/Offices held</u>
_____	_____	_____
_____	_____	_____

Employment history:

Name of employer:

Dates of employment:

Financial Need: (include the following)

Estimated total cost of school per year:

Estimate of parents' contribution toward yearly expenses:

Estimate of applicant's contribution towards yearly expenses:

Applicant has applied for other financial aid assistance as follows:

1. Grant from college Yes () No () Amount received _____

2. Grants from all other sources (specify): Amount received

Personal Statement:

In a personal statement of 300 words or less write an essay titled "How Orthodoxy Guides My Life".

Please supply the following information to the scholarship committee:

1. Copy of high school transcript and/or transcript from your college or university
2. Copy of acceptance letter to accredited college or university
3. Personal Statement of 300 words or less
4. Three letters of reference: one from teacher, principal or counselor; the second from an employer, coach or activity supervisor; the third from a non-relative church member, Sunday school teacher or church activity supervisor who has known you for at least two years

All applications must be postmarked no later than March 31 2025. Incomplete applications or those postmarked after this date will not be processed. All information received from applicants will be treated as confidential. A personal interview may be required of finalists. Notification will take place by May 20, 2024.

Visit our web site for information or applications: www.St-Luke.org

Mail completed application to:

John Pakuris Memorial Scholarship
St. Luke Greek Orthodox Church
35 North Malin Road
Broomall, PA 19008

Signature of Parent/Guardian (for student under 21) _____

Address of Parent/Guardian _____

Signature of Applicant: _____ Date _____

Saint Luke Greek Folk Dance Groups and GOYA Liturgical Choir

Congratulations to our St. Luke Dance Groups and GOYA Liturgical Choir for their award winning performances at the inaugural Metropolis of New Jersey Music and Dance Festival held in Philadelphia, February 15th and 16th!



Our Ellinakia Dancers performed a total of seven dances from the regions of Epirus and Asia Minor. In their very first competition, Ellinakia took the **Second Place Award** in the Primary Division!

Please congratulate our competing Ellinakia Dancers listed below!

Margarita Georgelos
James Kalisperis
Stavroula Karalis
Kalliopi Kathopoulis
Marianthi Kathopoulis
Zoe Miller
Sophia Thomas



Our Olympian Dancers performed a total of nine dances and choral selections from Serres and Drama in the region of Macedonia. The Olympians earned the **Choral Award** in their dance division and took home the **First Place Award** in the Advanced Intermediate Division!

Please congratulate our competing Olympian Dancers listed below!

Alexia Bottos *	Victoria Kaltsidis *	Markella Mouzithras *
Kalliopi Costanzo	Ana Koulas	Evangelia Papadopoulou *
Sophia Goudouvas *	Stavros Koulas	Irma Poggio *
Eleni Kalisperis *	Alexandros Koulas	Andonia Pylaras *
Stavros Kalisperis *	Victoria Mackrides *	

** GOYA Liturgical Choir members are denoted by an asterisk*



The St. Luke GOYA Liturgical Choir participated in the MDF event. They performed hymns from the Bridegroom Nymphios Service of Holy Week. *The Great Allilouarion, Idhou O Nymphios Erchete, Ton Nymphona Sou Vlepo* were performed in both the Greek and English languages. Our St. Luke GOYA Liturgical Choir beautifully presented the hymns and were awarded **Third Place** in the Senior Division. They are congratulated for all their hard work and their dedication to learning hymns of the Greek Orthodox faith.



St. Luke Youth Advisors:

Dena Papadopoulos: Liturgical Choir Director

Cynthia Costanzo: Greek Dance Director

Christina Flamporis: Ellinakia Instructor

Antonia Karasavas: Ellinakia Instructor

Marilena Ristas: Ellinakia Instructor

Katerina Giovanopoulos: Olympian Instructor

Evan Palmieri: Olympian Instructor

Christos Yiantsos: Olympian Instructor

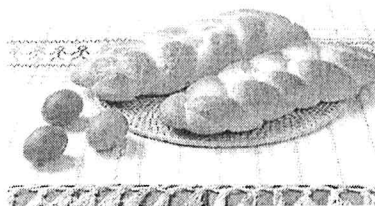


St. Luke Greek School

The Greek School students have been very busy learning! They demonstrated their new knowledge on the February exams. Also showing off their Greek language skills were Ari, Taso and Thanos Angelakos, who made us very proud by reciting poems in church to honor the Three Hierarchs. The next big language and cultural event is the Greek Independence Day program on March 25th. Students will prepare poems, songs, and skits for the celebration. This event is a highlight of the school year; it's an opportunity for students to embrace Greek history and share it with their families.

Upcoming Events: Greek Independence Day Parade- Sunday, April 6th

Greek School PTO Annual Tsourekia Sale



Freshly made by Mrs. Katina Dollos
Donation \$20.00 each

Order Form and payment should be mailed or dropped off no later
Monday, March 31, 2025 to:

St. Luke Greek Orthodox Church
35 N Malin Road Broomall, PA 19008
Attention: Greek School

St. Luke Greek School
@stlukegreeksschool



OR you may make payment via Venmo

Make checks payable to St. Luke Greek School PTO

Name: _____

Phone Number: _____ E-mail: _____

Number of Tsourekia Breads: ____ X \$20 Each = ____ Cash ____ Check#

Pick Up will be from 11:30am-12pm on April 6th or April 13th (Please circle one)

For questions contact Ashley Kontostergios at 215-410-1534 or aekontos@gmail.com.

Thank you for your continued support



PHILADELPHIA
GREEK
 INDEPENDENCE
 CELEBRATIONS
2025

PARADE
SUNDAY, APRIL 6TH



10:00 AM
DOXOLOGY
 SAINT GEORGE
 GREEK ORTHODOX
 CATHEDRAL

1:00 PM
FORMATION
 22ND STREET
 & BENJAMIN
 FRANKLIN PARKWAY

2:00 PM are
STEP-OFF/PARADE
 MARCHING TOWARDS,
 GRANDSTANDS AT 18TH
 & LOGAN CIRCLE



PARADE GRAND MARSHALS - DRAKE & MARIA BEHRAKIS

FOR MORE INFORMATION ABOUT HOW TO ATTEND AND JOIN THE PARADE, PLEASE SCAN THE QR CODE

The Federation of Hellenic- American Societies of Philadelphia & Greater Delaware Valley | phillygreekparade.com

SUNDAY SCHOOL NEWS

March 2 Worship and Classes-Forgiveness/ Cheesefare Sunday, **Spark Sunday**

Remind students to bring Icons for procession next week

March 3 First day of Great Lent

March 7 First Salutations, Flowers presented by Sunday School students

March 9 Worship and Classes, Sunday of Orthodoxy, Procession with Icons

March 14 Second Salutations, Flowers presented by Sunday School students

March 16 Worship and Classes, Sunday of St Gregory Palamas

March 21 Third Salutations, Flowers presented by Sunday School students

March 23 Worship and Classes, Sunday of the Holy Cross

March 28 Fourth Salutations, Flowers presented by Sunday School students

March 30 Worship and Classes, Sunday of St John Climacus

Monastery Trip- We have an incredible opportunity to share with you that you won't want to miss!

On **Saturday, March 1st**, we're inviting all Sunday School families to join us for a truly miraculous experience: a trip to **St. George Church** in Taylor, Pennsylvania, to venerate the Kardiotissa weeping icon, followed by a visit to the peaceful **Holy Protection Monastery** in White Haven, Pennsylvania.

This icon of the Panagia has cured cancer, addiction, depression, illness, and anxiety and even converted people with her miracles. She has been streaming myrrh for over 10 years! This is more than just a trip; it's a chance to witness the beauty of faith in action, to encounter a living miracle, and to create lasting memories with your loved ones. We would love for our Sunday School families to join us on this spiritual journey. It's an amazing way to enter the period of Fasting and Repentance that begins 2 days later, on March 3, 2025. And there is **no cost** to you for this trip!

Take a look at the itinerary below for a preview of the amazing day ahead:

- **9:00 am** - Saturday of the Souls liturgy at St. Luke
- **10:15 am** - Depart Saint Luke for St. George, Taylor, PA
- **12:00 pm** - Arrive at St. George
- **12:30 pm - 1:45 pm** - Venerate the Kardiotissa and spend time with Father Marc
- **2:30 pm** - Arrive at Holy Protection Monastery
- **2:30 pm - 4:00 pm** - Enjoy lunch with the Sisters, tour the property, time permitting, and visit the bookshop
- **4:00 pm - 5:15 pm** - Vespers at Holy Protection Monastery
- **5:30 pm** - Depart for Saint Luke
- **7:00 pm** - Return to Saint Luke

Deadline to register: Saturday, February 22, 2025

Register Here --> <x-webdoc:///35623F09-607C-4619-B37D-A8E260B8F7BF>

Don't miss out on this extraordinary experience! For more details, please see the flyer elsewhere in the Epistle, along with the registration form. If you have any questions, feel free to contact us at stlukesundayschool@gmail.com.

Lenten/Holy Week Workbook and Letter- We will be entering Great Lent on Monday, March 3, 2025. To assist you and your family with Lenten devotions and the schedule of services, we are providing the

following resources: 1) a **Lenten Workbook**, available online at <https://www.ss.st-luke.org/lent>; and, 2) elsewhere in this Epistle, a copy of the **2025 Lenten letter** containing the schedule of Lenten services and 2 forms to be completed. The first form is for all young ladies, in grades 3 through 6, who would like to serve on Holy Friday as Myrrh-bearers, while the second form is for our annual Holy Friday Helpers Retreat that takes place each year on Holy Friday. The program on Holy Friday will begin at 11 a.m. or immediately following Royal Hours in the morning. Students will start the morning by helping to prepare different parts of the Epitaphion, followed by crafts, activities, and a Lenten lunch. While our little ones are having fun with their crafts and activities, our GOYA-aged students will help prepare the Anastasi candles in the Narthex. The retreat will close with students having a discussion with Father Christ. Students will end the day at approximately 2:00 p.m., and all are welcome, especially our young ladies who will serve as Myrrh-bearers at the 3 PM Holy Friday service, to remain at church after the retreat. Our Myrrh-bearers must be in church by 2:30 pm for practice. If you require further information about the Holy Friday retreat or serving as a Myrrh-bearer, please contact our Sunday School Directors at stlukesundayschool@gmail.com., or visit <https://www.ss.st-luke.org/lent>.

Psalm Readers for Salutation Services- Great Lent begins on Monday, March 3, 2025. **Therefore, the Salutations to the Theotokos begin on Friday, March 7, 2025.** We are very happy to offer our Sunday School students the opportunity to read Psalms 50, 69, and/or 142 at the very beginning of each of the 5 weekly Lenten Salutation Services. The dates are Friday, March 7, 14, 21, 28, and April 4, 2025. We will send you the readings in advance so that your child can prepare to read aloud in church on their chosen Friday. This is a meaningful Lenten offering to the Panagia and to our St. Luke community that will greatly enhance your child's Lenten journey. To sign up your child, please go to:<https://www.signupgenius.com/go/10C094BAEAA2CA7F8CE9-54359332-psalm>. Thank you and your families for participating in this joyful Lenten tradition.

Parent Volunteers for Lazarus Saturday/Palm Folding and Holy Friday Retreat- We are looking for Sunday School family volunteers who can aid in the setup, clean up, and running of the activities on Lazarus Saturday (April 12) and the Holy Friday Retreat (April 18). No previous experience required, just a willingness to serve our St. Luke community at this very holy time of year! Sunday School will provide all of the materials and ideas, but we need day-of volunteers to help with the activities. More details to follow. Please contact our directors at stlukesundayschool@gmail.com for more information or to volunteer!

T. JOHN CHRYSOTOM ORATORIC

Readers for Divine Liturgy- Please encourage your children to **volunteer to read the Epistle or the Communion Prayer** during Divine Liturgy. This is a great way for your child to become involved in the worship of our faith. We will send you the reading(s) ahead of time so that your child can practice and become comfortable with the texts beforehand. Please be sure that your child is dressed appropriately for church on the day when he or she is scheduled to read- modestly and respectfully, as is common for all weekly services, a special Feast Day, or when celebrating a Holy Sacrament of the church. For example, athletic or workout clothes would not be appropriate for a reader to wear while leading the congregation in prayer or a reading from the Holy Bible. To volunteer your child, or to ask a question, please contact our Sunday School Directors at stlukesundayschool@gmail.com.

Questions about Sunday School? Please contact our Sunday School Directors at stlukesundayschool@gmail.com. Or, visit <https://www.ss.st-luke.org>, which will be updated throughout the year with additional information and resources for families.



METROPOLIS OF
NEW JERSEY

St. Luke Greek Orthodox Church

35 N. Malin Rd., Broomall, PA, 19008 • Tel: (610) 353-1592
Rev. Father Christ Kontos, Protosphyter

February 2025

Dear Parents:

We hope this letter finds you and your families in good health and happiness. The Lenten season begins on Monday, March 3, 2025, so we have prepared a Lenten workbook for your family's use. Every student will receive a hard copy of the workbook in Sunday School. You may also find the Lenten workbook on our Sunday School website [here](#). This is an excellent resource to help our students understand the various aspects of Lent and Holy Week. **We strongly encourage you to use this workbook at home to guide your children throughout Lent.** It contains a wealth of valuable information about each Sunday of Lent and includes Bible passages to help focus their worship during the week.

Further, this letter is also intended to inform you about upcoming events during the Lenten season and Holy Week, including the Salutations to the Panagia on the 5 Fridays of Lent and the Holy Friday tradition of the Myrrh-bearers, in which our young women participate every year. Some basic information is included below to help you to: 1) sign up your child to read the Psalms at the Salutation Services, and 2) decide whether your daughter would like to participate in the great honor of serving as a Myrrh-bearer.

MARCH

Sunday, March 2: Worship and Classes-Forgiveness/Cheesefare Sunday, **Spark Sunday**

Monday, March 3: **First day of Great Lent**

Friday, March 7: First Salutations, Flowers presented by Sunday School students

Parents! Please remind your child/children to bring Icons for next week's Sunday of Orthodoxy procession.

Sunday, March 9: Worship and Classes, Sunday of Orthodoxy, Procession with Icons

Friday, March 14: Second Salutations, Flowers presented by Sunday School students

Sunday, March 16: Worship and Classes, Sunday of St Gregory Palamas

Friday, March 21: Third Salutations, Flowers presented by Sunday School students

Sunday, March 23: Worship and Classes, Sunday of the Holy Cross

Friday, March 28: Fourth Salutations, Flowers presented by Sunday School students

Sunday, March 30: Worship and Classes, Sunday of St John Climacus

APRIL

Friday, April 4: Fifth Salutations, Flowers presented by Sunday School students

Sunday, April 6: Worship and Classes, Sunday of St Mary of Egypt- **Spark Sunday**

Saturday, April 12: Saturday of Lazarus, Palm folding by all Sunday School students in the Education Building after Liturgy

Sunday, April 13: Worship and Classes, Palm Sunday

April 18: Holy Friday, Retreat: Helpers arrive at 11 a.m.; Apokathelosis Service, 3 p.m.; Myrrh-bearers report at 2:30 p.m.

Sunday, April 20: **EASTER SUNDAY: FAMILY WORSHIP SUNDAY. AGAPE SERVICE**

11 a.m. - Easter Egg Hunt immediately following the service.

Psalm Readers for Salutation Services- The Salutations to the Theotokos begin on Friday, March 7, 2025. We are very happy to offer our Sunday School students the opportunity to read Psalms 50, 69, and/or 142 at the very beginning of each of the 5 weekly Lenten Salutation Services. The dates are Friday, March 7, 14, 21, 28, and April 4, 2025. We will send you the readings in advance so that your child can prepare to read aloud in church on their chosen Friday. This is a meaningful Lenten offering to the Panagia and to our St. Luke community that will greatly enhance your child's Lenten journey. To sign up your child, please go to: <https://www.signupgenius.com/go/10C094BAEAA2CA7F8CE9-54359332-psalm>. Thank you and your families for participating in this joyful Lenten tradition.

Troparion of Pascha/Saturday of Lazarus/Palm Folding

In addition to attending Lenten services, every child can and should be encouraged to learn the Troparion of Pascha by heart: "Christ is Risen from the dead..." and "Christos Anesti Ek Nekron...". You, as parents, can greatly assist in this effort.

Remember, our children learn by example. We also encourage you to bring your child to the liturgy on **Lazarus Saturday, which this year falls on Saturday, April 12, 2025**. Immediately after the Liturgy, we will hold a palm-folding session in the Educational Center. A Lenten lunch will also be served.

The Myrrh-bearers

We invite our young ladies again this year to participate in one of the most beautiful traditions of our Church, that of a Myrrh-bearer. The Myrrh-bearers represent all that is good and holy in our Christian faith. These women were there, “early in the morning,” to find the empty tomb, receive the word from the Angel that He is Risen, and announce that message. The Myrrh-bearers faithfully ministered to Christ and followed Him throughout His ministry on earth.

We will include as many young women in grades 3 through 6 who wish to participate as possible. The girls may attend either the afternoon (2:30 p.m. arrival) or evening service (6:30 p.m. arrival), or they can attend both if they prefer. Our goal is to have as many young ladies involved as possible, and we **will impose no limit on** this number.

There are two scheduled practices this year that our *Myrrh-bearers* **must attend**. The first practice is on Lazarus **Saturday, April 12, 2025**, immediately after the morning service. Following the practice, our girls are invited to the Educational Center to help fold palms for Palm Sunday, and to enjoy a Lenten lunch. The second practice will occur around 4:15 p.m. after the **Apokathelosis Service on Holy Friday, April 18, 2025**. **Father Christ would like all our young ladies participating to be present for the evening service, regardless of whether they take part in the 3 p.m. service.** This commitment requires the girls to gather around the *Kouvouklion/Epitaphion* (the Tomb of Christ adorned with flowers) and participate in the procession of the Epitaphion as it is carried outside the church.

If your daughter participates in the Apokathelosis Service on Friday afternoon, she must arrive at the church *no later than 2:30 p.m. to prepare for the Vesper service*. We understand that this can be challenging since it is a school day. Father will write a note to the principals requesting that students be granted an excused absence from school that day so they can participate in our Holy Friday services and retreat. **We strongly encourage our students to attend the retreat on Holy Friday.** If your daughter will be attending the evening service, she needs to arrive at the church by 6:30 p.m. on Friday. All girls are asked to wear light clothing, preferably white shoes, to ensure they blend in.

Holy Friday Helpers Retreat

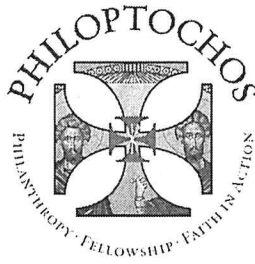
Lastly, we would like to share some general information about the *Holy Friday Helpers* retreat. The program on Good Friday will begin at 11 a.m., right after the morning service. Students will stay in the church to help decorate the Epitaphion. Once they have finished, they will proceed to the Educational Center for a Lenten lunch, along with some crafts and activities. The day will wrap up with a discussion led by Father Christ on Christ’s Crucifixion and Resurrection, how we can approach these events each year, and the opportunities they offer us as Orthodox Christians. There will also be an opportunity for students to receive the sacrament of Holy Confession. Students are expected to conclude their day around 2 p.m. Young ladies who are signed up to be Myrrh-bearers are invited to stay until 2:30 p.m. Please take a moment to complete both our Holy Friday Helpers form (<https://forms.office.com/r/DRrcLauxQA>) and our Myrrh Bearer participation form (<https://forms.office.com/r/9b7xFbsDcN>).

We look forward to seeing all of you during the Lenten season as we eagerly anticipate the Resurrection of our Lord. We pray that you and your families have a blessed Pascha, and we wish you a Kali Anastasi! If you have any questions, please feel free to reach out to us at stlukesundayschool@gmail.com.

****Please RSVP to both our Holy Friday Helper form and our Myrrh Bearer form by Friday, April 4, 2025****

Respectfully yours,

Jane Kelly, Panayota Kevgas, and Sophia Milinkovic
Sunday School Directors



Philoptochos Society News

SAVE THE DATES

Capt'n Chucky's Lenten Crab Cake Sale

Order now through March 10, 2025

Pick up date: Saturday, March 15, 2025

Rise Against Hunger - Saturday, March 29, 2025

Philoptochos Scholarship Application - Postmark Deadline: March 31, 2025

2025 Annual Bid 'n Buy - Thursday, May 8, 2025

Coffee Hour Volunteers- The coffee hour schedule for volunteers may be found elsewhere in this Epistle. Please look for your name and, hopefully, you will be able to come and work with us on the day you have been assigned. If you are not able to make it on that day, please find someone to take your place. Volunteers are expected to stay until the end of the coffee hour for clean up. We thank you all for your help. Betsy Pappas and Diana Palumbo, Chairladies

Philoptochos Stewardship 2025- We continue to accept stewardship commitments and welcome new members! Your support is *vital* to our effectiveness as a charitable ministry on the local, national, and international levels, and we pray for complete participation of our stewards.

The Philoptochos calendar year began on January 1, 2025. Our stewardship goal is to reach **100%** by April 30, 2025. **The minimum stewardship amount** is \$35; an offering over and above that will help enhance our ability to serve those in need. Members, existing or new, may submit their 2025 stewardship by mailing to St Luke Greek Orthodox Church, hand delivering to the church office, visiting us online, or scanning the QR code below. Please note that existing members must be logged onto the website to pay online with the QR Code below. We appreciate those of you who have promptly fulfilled your 2025 commitment and humbly thank you for your participation.

Please feel free to contact me with any questions or concerns at 267.808.4160 or email at kiablazakis@gmail.com. With Philoptochos love, Kia Blazakis, Membership Chair



Capt'n Chucky's Crab Cake Sale- Just in time for Lent, order crab cakes

and more at a discount! Please see the order form elsewhere in this Epistle.



Orders and payments must be received by March 10, 2025. Checks are payable to St. Luke Philoptochos and should accompany the order form. You may also order online at www.stlukephiloptochos.org, or by scanning the QR code below. Orders must be picked up on Saturday, March 15, 2025, between

11:30 AM and 1 PM in the St. Luke Community Center. For further information, please contact Katerina Brennan by text or phone at 610-256-6711.

Rise Against Hunger 2025- *A MEAL PACKAGING EVENT!* Saturday, March 29th 10AM - 12PM in the St. Luke Community Center. Once again, we will gather as a community of volunteers to package meals for delivery to a community in urgent need of nutrition. Our goal is to package over 15,000 meals! You may register to volunteer by scanning the QR code below, on the flyer or by visiting www.stlukephiloptochos.org. We hope you will join us! Light refreshments will be available for volunteers before and after their shifts.

This year's schedule:

Set up: 8:30 AM. We need some heavy-lifters for this shift to fill station supplies.

Meal Packaging 1st shift*: 10 AM -11AM

Meal Packaging 2nd shift*: 11 AM - 12 PM

Clean-up: 12 PM - 1 PM

**Feel free to sign up for both meal packaging shifts.*



We look forward to working with our St. Luke Community volunteers to help end world hunger. Please contact Katherine Kennedy at katherine.kennedy314@gmail.com or www.stlukephiloptochos.org for more information.

Philoptochos Scholarship- The Greek Orthodox Ladies Philoptochos Society of Saint Luke now offers a **\$3,000 scholarship** to one high school student who is a United States citizen and whose parents or legal guardian are stewards of Saint Luke Greek Orthodox Church of Broomall, Pennsylvania. Please see the application form elsewhere in this month's Epistle. **All applications must be postmarked no later than Monday, March 31, 2025. Incomplete applications or those postmarked after this date will not be processed.** All information received from applicants will be treated as confidential. The scholarship winner will be notified by **May 30, 2025**. For further information, please contact Anna Hadgis, Scholarship Committee Chairperson, at anna.hadgis@gmail.com

2025 Annual Bid 'n Buy - The St. Luke Ladies Philoptochos is excited to present a "Havana Nights Bid 'n Buy" on Thursday, May 8, 2025, at 6:00 pm. We invite you to join us in our Community Center for a tropical trip to an enchanting Havana Night, one which promises fun, excitement, and an opportunity for fellowship! With your support, we prayerfully anticipate a successful event which will benefit the many charities we support. We look forward to seeing you in your tropical island dresses!

Additional information:

The Donation for admission & dinner is \$35.00

Admission tickets will be available through advance sales ONLY beginning March 1st; NO tickets will be sold at the door.

In addition to bidding on our selection of lovely and practical gifts, please consider supporting our major fundraiser by way of a gift card or monetary donation.

This can be done online by scanning the QR code below, or by visiting www.stlukephiloptochos.org and clicking the "Donate" button. The more successful our event is, the more souls we can help as we carry out the Philoptochos mission. Thank you in advance for your help and may God continue to bless your families!



Philoptochos Charity Committee- Our Charity Committee members were quite busy from the middle to the end of February participating in the following activities:

Case for Smiles had a sew-in with GOYANS from the DVYC on Feb. 16, 2025; our ladies visited Pine View on February 25; and a CCSA book read took place on February 27th. Details about these events will appear in the April Epistle, as they took place after the deadline for submissions for the current March edition.

**Information about all Philoptochos Charity activities may be found on the Philoptochos website under the Donate tab.*

Sponsorship of Floral Décor- Icon and Floral Sponsorship opportunities are available throughout the year for ecclesiastic feast days. Sponsorship can be made in honor or in memory of a loved one or for the well-being of your family.

Our Ladies Philoptochos would like to thank the following sponsors for their donations:

Lisa Palmieri, for her sponsorship for Friday, January 17, 2025, St. Anthony the Great icon, in honor of her husband, Anthony (Tony) Palmieri.

Our Greek School, for their sponsorship for Sunday, February 2, 2025: Presentation of our Lord icon, for the well being of the Greek School Administrators, teachers and families.

Upcoming sponsorship opportunities include:
Sunday, March 9th – Sunday of Orthodoxy



If you would like to sponsor an icon, you may pay online through the Philoptochos website; simply scan the QR code below with your phone; or mail your payment to the church and include the words 'icon sponsorship' on your envelope. If you have any questions, you may contact Niki Tsetsekos at 610-500-3056 or ntsetsekos@gmail.com.

Philoptochos Cookbook and Apron- For: experienced cooks looking to perfect their craft; the cooks-in-training who need inspiration; the perfect housewarming or “thank you” gift for teachers, co-workers, employees or friends; the ideal gift for newlyweds and new graduates, or those simply looking to expand their culinary repertoire, *we have just the thing!* **Καλή Όρεξη**, a Greek Cookbook created by the Ladies Philoptochos of St. Luke (see photo below), and apron. The cost is \$25 for the book and \$15 for the apron (blue only, and with pockets!), plus \$5 for shipping, if applicable. A beautiful gift package, ready for giving, for \$40.00! For more information, or to order, please contact our Philoptochos President, Lisa Palmieri, at president@stlukephiloptochos.org, or Phyllis Roebas, at proebas@gmail.com.



Philoptochos Members- OUR DIRECTORY IS NOW ONLINE! Please register with our website www.stlukephiloptochos.org for access to the Members Only Online Directory. **Get our APP!** For directory access, Philoptochos news & events on the go, use our Membership Toolkit app right from your smartphone. *Paper directories are available by request.*

**GREEK ORTHODOX LADIES PHILOPTOCHOS SOCIETY
OF SAINT LUKE – CHAPTER 1082**

SCHOLARSHIP APPLICATION

The Greek Orthodox Ladies Philoptochos Society of Saint Luke offers a **\$3,000 scholarship** to one high school student who is a United States citizen and whose parents or legal guardian are stewards of Saint Luke Greek Orthodox Church of Broomall, Pennsylvania. This is a competitive scholarship based on need and merit. The award winner is selected by the Scholarship Committee and its recommendation is made to Rev. Fr. Christ Kontos for approval. Applicants must be accepted into an accredited college or university or an accredited vocational program in the United States.

Student's Name: _____

Home Mailing Address: _____

Student's Email Address: _____

Home Phone: _____ Cell Phone _____

Date of Birth: ___/___/___ Male () Female ()

Name of High School: _____

Address of School: _____

Name, Email and Telephone Number of Guidance Counselor/Advisor: _____

Grade Point Average: _____ SAT or ACT test scores: SAT: Math _____

Evidence Based Reading and Writing: _____ ACT: Composite Score _____

School for which aid is requested: _____

Address of School: _____

Telephone Number of School: _____

Major Field of Study: _____

List of Accomplishments and Awards: (Attach a Resume or additional sheet if necessary)

List of Community Activities and Groups: Church Groups and Church Related Activities, Scouting, Missionary Work, Youth Clubs, Civic Groups, Volunteer Organizations. Include duties and number of months or years of service. (Attach a Resume or additional sheet if necessary)

List of School Extracurricular Activities: Band, Student Council, Sports, Yearbook, Clubs, National Honor Society, Drama, etc. (Attach a Resume or additional sheet if necessary)

Activity	Number of years	Honors/Offices held
_____	_____	_____
_____	_____	_____
_____	_____	_____

Employment History:

Name of employer

Dates of employment and duties

Financial Need:

Estimated total cost of school per year: _____

Estimate of applicant's contribution: _____

Applicant has applied for other financial aid assistance as follows:

1. Grant from college or vocational school Yes () No () Amount received: _____

2. Grants from all other sources (specify): _____ Amount received: _____

Personal Statement:

In a personal statement of 300 words or less, write a well structured essay addressing your future goals and aspirations and how you plan to achieve them.

Please supply the following required information to the Scholarship Committee:

1. Copy of acceptance letter to an accredited college/university/technical or vocational school.
2. Personal statement of 300 words or less.
3. Two letters of reference: One from a teacher, principal or counselor who has known you for at least 2 years, and one personal reference from an adult connected to St. Luke who has known you for at least 2 years such as, a Youth Ministry Advisor, Sunday School or Greek School teacher, other than a family member.
4. Copy of high school transcript.

All applications must be postmarked no later than Monday, March 31, 2025. Incomplete applications or those postmarked after this date will not be processed. All information received from applicants will be treated as confidential. Scholarship winner will be notified by **May 30, 2025.**

Mail completed application to:

Greek Orthodox Ladies Philoptochos Society of St. Luke

Scholarship Applicant

St. Luke Greek Orthodox Church

35 North Malin Road

Broomall, PA 19008

Signature of Parent/Guardian: _____

Address of Parent/Guardian: _____

Signature of Applicant: _____ Date: _____



LADIES PHILOPTOCHOS
SOCIETY OF ST LUKE

Enjoy during Lent!

CAPT'N CHUCKY'S SALE



Crab Cakes are \$7.00 each
Sold in packages of 4, 6, or 12

All proceeds to benefit charity.

Thank you for your order!

ORDER FORM

NAME _____

PHONE _____

FAMOUS "SMITH ISLAND" CRAB CAKES MADE FRESH DAILY. REFRIGERATE FOR 5 DAYS OR FREEZE FOR UP TO 8 MONTHS.

	QUANTITY	TOTAL
PACK OF 4	<input type="checkbox"/> X 28.00 =	_____
PACK OF 6	<input type="checkbox"/> X 42.00 =	_____
PACK OF 12	<input type="checkbox"/> X 84.00 =	_____
MARYLAND CRAB SOUP+ (QUART)	<input type="checkbox"/> X 13.00 =	_____
CRAB CRITTER APPETIZER+ (50 COUNT)	<input type="checkbox"/> X 16.00 =	_____
CRAB MARINARA+ (QUART)	<input type="checkbox"/> X 14.00 =	_____
CRAB RAVIOLI+ (1LB)	<input type="checkbox"/> X 15.00 =	_____
LOBSTER RAVIOLI+ (1LB)	<input type="checkbox"/> X 16.00 =	_____
WILD SHRIMP SCAMPI RAVIOLI+ (1LB)	<input type="checkbox"/> X 15.00 =	_____
TOTAL		<input type="text"/>

+ FROZEN

VISIT CAPTINCHUCKYSNEWTOWNSQUARE.COM FOR INFO

SCAN TO PURCHASE
ONLINE:



ORDER CRAB CAKES AND MORE AT A DISCOUNT!

Pick-up: Saturday, March 15, 2025, 11:30 AM-1:00 PM

St. Luke Community Center | 35 N. Malin Road, Broomall, PA

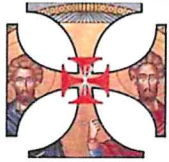
Order online @www.stlukephiloptochos.org or by scanning the QR code OR

Use this form to mail order, checks payable to *St. Luke Philoptochos*

ORDERS AND PAYMENTS MUST BE RECEIVED BY MARCH 10, 2025

Please Contact Katerina Brennan with any questions by text or call to 610-256-6711.





Rise
AGAINST HUNGER

The Ladies Philoptochos Society of St. Luke, in partnership with Rise Against Hunger, invites you to

A MEAL PACKAGING EVENT

Rise Against Hunger is driven by the vision of a world without hunger. Their mission is to end hunger in our lifetime by providing food and life-changing aid to the world's most vulnerable and creating a global commitment to mobilize the necessary resources. riseagainsthunger.org

SATURDAY, MARCH 29, 2025 • 10 AM TO 12 PM
ST LUKE COMMUNITY CENTER

Contact: katherine.kennedy314@gmail.com
www.stlukephiloptochos.org

SCAN HERE:
REGISTER TO
VOLUNTEER



THE LADIES PHILOPTOCHOS SOCIETY OF ST. LUKE

Presents

HAVANA Nights

Thursday, May 8, 2025
6:00 PM

Admission and Dinner
\$35

St. Luke Community Center

PREVIEW DAYS:
SUNDAY, MAY 4TH UNTIL 1:30PM
WED. MAY 7TH 5-7 PM

BID 'N BUY

SCAN TO PURCHASE TICKETS
CONTACT bidnbuy@stlukephiloptochos.org
OR CALL THE CHURCH OFFICE AT 610-353-1592

GO GREEN?

For your convenience, our monthly bulletin,

The Epistle is now online and can be accessed by visiting the church website

www.st-luke.org

Just click on "Monthly Epistle". If you would like to receive the Epistle in this digital format only and not by mail, please email our Office Manager:

stlukeoffice@gmail.com or call (610) 353-1592

Address service requested

St. Luke Greek Orthodox Church

35 N. Malin Road

Broomall, PA 19008

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Broomall, PA

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